Living and Learning

The Many Tastes of Living and Learning

Last fall, the Living Learning Communities (LLC) Program was launched in the Chan Sui Kau and Chan Lam Moon Chun Hall (UG Hall VII). Over 300 local, international and exchange students were accepted into 8 LLCs with different themes. C.H.E.E.R.S. talked to 8 LLC members to find out about their experience of living and learning together.

The Sweet & the Bitter

Ivan Chan (Year 3, EGGBM), Assistant of Rise & Shine, has nothing but sweet things to say about his community. “I am having a great time,” said Ivan. “I’m proud of my LLC and I have no regrets having joined it.” Others, however, may have a different taste. “Honestly, I am a bit disappointed to see how hard it is for our group to meet,” said Daniel Wang (Year 1, CIEV), member of Service Learning & Leadership. Nonetheless, both the sweet and the bitter may have a unique effect on the residents. “I think it’s normal to encounter difficulties and have difference of opinions,” said Ebe Chan (Year 3, GBUS & MARK), Assistant of Village. “It’s these differences that give us a chance to work things out together, and as a result, build mutual understanding and trust.”

A Common Goal

“Learning to live green is not easy because it involves a conscious change of lifestyle, but with support and encouragement from other members who actually live on the same floor, we have all adopted a much greener way of life.”

In Arts a-LIVE, members’ common experience of the cultural events that they attend together is also instrumental to their learning. “The post-show sharing is something that I really enjoy,” said Hinson Li (Year 3, BICH), Assistant of Arts a-LIVE. “Knowing what others think about the show helps me appreciate it even more.”

A Common Goal

Ebe recalls the time when she had to organize the International Games and Desserts Night. At first she had difficulty gathering people to participate. “Everyone had different opinions,” said Ebe. “But in the end, 200 people showed up for the event and made it into a success.”

“We have a common goal that draws us together,” said Daniel Wang (Year 1, CIEV), member of Service Learning & Leadership. “What really counts is not so much whether you have an outgoing or shy personality, “ said Hinson. “What matters is whether you have the desire to learn with others. If you do, then LLC could very well be one of the most fruitful opportunities to learn how to appreciate and embrace a foreign culture,” said Ebe. “We learn to accept and celebrate differences,” said Judith Shiu (Year 1, ACCT), member of Wall to Wall. “My French roommate has taught me how to be patient and try to look at things from a new perspective.”

An Open Mind & a Learning Heart

The diverse makeup of the Living Learning Communities allows members to adopt an open mind. “Our members came from 23 different countries; this gives us a unique opportunity to learn how to appreciate and embrace a foreign culture,” said Ebe. “We learn to accept and celebrate differences,” said Judith Shiu (Year 1, ACCT), member of Wall to Wall. “My French roommate has taught me how to be patient and try to look at things from a new perspective.”

“Living in an LLC will be tough if you only think about yourself,” said Daniel. “If we think about other people more, each of us would gain more from the LLC experience.”

“One thing that I would like to say to other members who are thinking of joining an LLC is that it is a great opportunity to get to know new people and learn new things,” said Hinson. “It’s not about how many people you know, but about the quality of the relationships you build.”

To know more about Living Learning Communities at HKUST, please visit http://llc.ust.hk

LLC Fellow Co-ordinator

Arts a-LIVE Prof. Oliver Lo Mr. Baron Li sabor@ust.hk
Creative Affinity Dr. Anna Kwan Miss. Tammy Tamin satammy@ust.hk
Fitness Connection Mr. Ricky Yeung & Mr. Edward Au-Yeung Mr. Daniel Chunsadanie@ust.hk
Village Mr. Paul Forster Mr. AuN Wong saauc@ust.hk
Live Green Mr. Calvin Kwan Mr. Jacky Ma sajaky@ust.hk
Rise & Shine Dr. Ice Ko Miss. Becky Tsui sabeky@ust.hk
Service Learning & Leadership Mr. Edmund Ko Miss. Becky Tsui connect@ust.hk
Wall to Wall Mr. Morgan Gadd Miss. Belle Ling sabelle@ust.hk

Members of Fitness Connection doing a “high five” after completing the rope course

A Common Goal

The Rise & Shine Community jumping under the sun at the Clear Water Bay Beach

If you do, then LLC could very well be one of the most fruitful experiences in your university life.”
Living Learning Communities

Our LC Co-ordinators

Mr Daniel Chung (Fitness Connection)
Daniel graduated from the University of Western Australia with a major in Communication Studies and Geography. Having lived in Perth for more than five years, he believes his overseas study experience can help freshmen overcome their difficulties in their first-year transition.

Mr Baron Li (Arts a-LIVE)
Baron is an HKUST graduate with a major in Marketing and Information Systems. He has fruitful experience in UST culture, student activities as well as hall living. He likes different kinds of arts and looks forward to making arts “a-LIVE” with other members of his community.

Miss Belle Ling (Wall to Wall)
Belle received her bachelor’s degree from the University of Hong Kong with a major in English Literature, and completed her Master of Arts in Creative Writing in the University of Sydney. She is delighted to enrich students’ aesthetic sense of appreciating different genres of literature.

Mr Jacky Ma (Live Green)
Jacky received his bachelor’s degree in Biology from HKUST. Being an Eco-tour guide in the Hong Kong Wetland Park, Jacky is devoted to increasing the environmental awareness of Hong Kong citizens and promoting the concept of sustainability in the community.

Miss Tammy Yam (Creative Affinity)
A fresh graduate from HKUST, Tammy tasted the best of hall life in her 3 years on campus. She was once the student leader in the House Students’ Association. She is now glad to be an LC Co-ordinator as she can encourage members to take full advantage of their hall experience.

Miss Becky Tsui (Rise & Shine / Service Learning & Leadership)
Becky graduated from the University of Wisconsin-Madison (United States) with a major in Sociology and a minor in Gender and Women’s Studies. She likes reading books and news articles. In particular, Becky is interested in social and political issues.

Mr Aun Wong (iVillage)
Aun was an international student from Malaysia and received his bachelor’s degree in Mathematics from HKUST. As a native of a multicultural country, he has long enjoyed being with people of different backgrounds and interacting with them for intellectual exchanges.
The Challenges and Lessons of a Student Leader

Striking a balance between studies and extracurricular activities is one of the biggest challenges that every university student has to face. The challenge increases when you are a student leader. What makes the experience worthwhile? C.H.E.E.R.S. sat down with 4 HKUST student leaders and tried to find some answers.

CH – C.H.E.E.R.S.
IS – Ivan So (Year 2, IEEM)
    Acting President, Students’ Union;
    Student Representative, HKUST Council
IL – Ida Leung (Year 3, BICH)
    Secretary, Students’ Union Council
MH – Matthew Hui (Year 2, FINA & IS)
    Local Committee Vice President (External Relations), AIESEC
IP – Ivan Pang (Year 2, CIGBM)
    Local Committee Vice President (Project Management), AIESEC

CH What is the main reason for you to take up a leadership role in your university life?

I like challenges. I know serving in the Executive Committee of the Student’s Union (SU) would be a once-in-a-lifetime experience. Little did I know that the President would step down last May, and that I had to assume both my original post – Internal Vice President – as well as the presidency, but that turned out to be a real challenge and I learned a lot.

IS Yes, serving at SU is definitely a challenge. But what I love about it is working with a team and bringing an idea to fruition – starting from scratch and then watching the project take shape and finally reach completion. The planning and implementation process really brings the team together and the bonding we share as a result is very special.

IL What is your biggest lesson as a student leader so far?

As a leader, I am like the anchor of the ship; I cannot abandon ship and let my members down. When my team is frustrated, I do double the work and show them that perseverance is what it takes to reach our goal.

IS During the orientation period, our 100 affiliated student societies all had different requests for time slots and resources. When assessing their needs, I learned to judge with an open mind and manage conflicts with honest communication. Throughout the process, my own judgment has matured.

MH As a student-run international organization, each AIESEC member has the potential to make a positive impact to the organization or even the world. That’s the belief that drove me to become a leader.

CH How else have all these experiences changed you as an individual?

Before I was not a very open person; when I talked to people, the topics were usually very casual. But after I joined the SU Executive Committee, the leadership role prompted me to learn more about current affairs and political issues. As a representative of the HKUST student body, I have the responsibility to understand these issues thoroughly and be able to address them intelligently.

MH My self-awareness has increased significantly. As a student representative, I have to protect the interests of our student members while respecting the interests of the other stakeholders; thus knowing my own position is very important. I’ve also gained a better understanding of myself, my strengths and weaknesses.

IL What gives me strength is my desire to make positive contributions to the whole world. Before I liked to travel just for fun, but now I travel to experience other cultures and to see more of this world. My vision has also broadened. Before I thought getting a lucrative job was the way to go, now my priority is to live out my responsibility as a global citizen by what I do, regardless of the salary.

CH What is your biggest lesson as a student leader so far?

For me the biggest lesson is realizing that dreams may take time to come true. I stepped up to this role hoping to accomplish a lot within a short time. But now I know establishing external relations takes time. What I need to do is remind myself what got me started – what I believed in that made me become a leader. I need to have a strong sense of responsibility to keep myself focused.

IP I’ve learnt how to stay motivated and even motivate others in times of frustration. I remind myself that my role serves a purpose and what I do is meaningful.

MH What gives me strength is my desire to make positive contributions to the whole world. Before I liked to travel just for fun, but now I travel to experience other cultures and to see more of this world. My vision has also broadened. Before I thought getting a lucrative job was the way to go, now my priority is to live out my responsibility as a global citizen by what I do, regardless of the salary.

CH Any regrets on having taken up this role?

I don’t regret anything, but I do regret not getting in touch with God more. As a student leader, I am like the anchor of the ship; I cannot abandon ship and let my members down. When my team is frustrated, I do double the work and show them that perseverance is what it takes to reach our goal.

IP What we have learned in these positions is definitely not something that we could acquire from books or elsewhere. After we graduate, we will no longer have that drive that we have now as university students to give it all. I would do it all over again if I had the chance.

MH The journey of being a student leader has its ups and downs, but I don’t have an ounce of regret. I am truly grateful for this journey.

IL Don’t ask yourself whether you’re capable. Ask yourself whom you want to serve. If you genuinely want to serve your fellow students, the experience will serve you a lifetime.

IS Any regrets on having taken up this role?

Definitely not. Being a student leader is like making an investment. True, some other things might suffer – our sleep, our time or even our CGA, but the experience gained cannot be measured. I think we will continue to see the return of this investment as time goes.

http://suo.ust.hk
Soaring to New Horizons – Reflections of REDbird Awardees 2009

In Fall 2009, 7 REDbird coaches received their Gold and Silver Awards and became the first batch of “REDbird graduates”. All of them received their bachelor’s degrees last year and have moved on to the working world. What does this award mean to them? Let’s hear it from the REDbirds themselves.

Eric Cheung
BEng in Mechanical Engineering
Graduate Trainee, The Hongkong Electric Co. Ltd

The REDbird Award Program was an enjoyable and beneficial experience. I had the chance to work with different people on various occasions – attending workshops taught by professional trainers, planning activities with REDbird coaches, participating in service learning projects with fellow members, etc. These interactions broadened my horizons and helped me understand myself better.

Training activities like the winter camp and goal setting workshops were memorable; while the most unforgettable one was building an eTreasure Portfolio. It recorded my learning experience and reflections, which helped me to review my progress and do future planning.

The Gold Award marked a milestone of my learning process in the Club and recognized my growth in the REDbird Attributes. More importantly, it continues to remind and encourage me to live up to our motto: “Learn Endlessly. Celebrate Diversity. Serve the Community.”

Lufi Liu
BEng in Computer Engineering
Service Learning Co-ordinator, HKUST Connect

The REDbird experience is surely the most important experience during my 3-year study in HKUST. The program took up a lot of my time. It might not seem to be worth it at first glance, but I strongly believed that I would only learn if I devoted time to it.

One of the most unforgettable moments happened during the winter camp. I remember I was left alone in the dark. That was the first time that I thought, “So being alone in the dark is not so bad.” The quietness and solitude prompted me to reflect on myself, others and the surroundings.

The most important lesson I have learnt from the program is that I have to plan and execute for myself, so that I can pursue my goal and achieve happiness. Now I am improving my physical fitness, planning to take some courses, enjoying my life and working toward achieving my target. If there is one wish I could make, it would be that the REDbird Award Program was established 3 years earlier.

Wisely Choy
BSc in Applied Physics
Program Assistant in Education Development Program, HKUST School of Science

I always imagine how great it would be if I were just two years younger, not because I want to stay young, but so that I could join the REDbird family when I was a freshman at UST.

My three-year university life was like a maze, full of unknowns and new challenges. However, I did not walk alone in this maze. Trainers and mentors from the REDbird Award Program led me through; team spirit and friendships among coaches and coachees gave me great support. Gradually, I found myself no longer walking in the maze, but on the maze – from top-down – I could see the paths that I should take.

Now I can gladly tell you I found my own way out of the maze of a meaningful and wonderful university life. And I am ready for the new maze – the maze of life.

A Sporting Life in UST

Sports are for everyone. Whether for leisure or competitive purposes, sports activities help us stay fit, relax our minds and nurture our overall well-being. UST students are given tremendous opportunities to participate in sports for learning and development. Let’s take a tour of the culture of sports in UST...
Bonnie Wan  
BBA in Professional Accounting and Economics  
Audit Associate, Deloitte Touche Tohmatsu

My first impression of the REDbird Program is a well structured 3-year program which aims at building stronger, brighter students in HKUST. And indeed, the program allowed me to stretch and thus develop my potentials and capabilities. I can still recall how glad I was to have acknowledged and appreciated the importance and beauty of team work through all the team trainings. Through continuous interpersonal sharing and self reflection, I was able to grasp the full elements of the program, which had a significant impact on my personal development.

The attainment of the REDbird Gold Award has much significance to me. Not only does it mark my achievements as a university graduate, more importantly, it also signifies my personal growth in my 3 years of university life. It further serves as a reminder for me to always develop myself and be a better person.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.

Samson Yau  
BSc in Applied Physics (Management Science)  
Financial Consultant, The Prudential Assurance Co. Ltd

Within a whole lifetime, there are many goals which we want to achieve, that is why learning how to set and realize our goals is such an important task. The REDbird Award Program taught me many tools, like SMART goal, GROW model, Quality loop, etc., to set goals and review our progress. Not only has this knowledge benefited me, it has also equipped me to help others to identify and refine their goals.

This program also provided the chance for us to make use of our creativity. We got to plan the rundown and design activities for the winter training camp. Moreover, we also had the opportunity to develop our coaching and communication skills.

Receiving the REDbird award signifies my growth as a person. Before the program I was just like a little bird. After graduating from the program, I am now a “red bird” soaring in the sky.

Kin Wong  
BEng in Computer Science  
Secondary School Teacher

After joining the REDbird Award Program in my final year, my ways of thinking and working changed. Before that, I could still set goals and achieve my tasks but they were not that “SMART”. Through the program, I learned how to set specific goals with measurable criteria, a detailed action plan and an awareness of the resources needed. I am applying this skill now to help my Form 5 students; or rather, this skill is helping me to be a more effective teacher.

The REDbird Award Program inspired me to think more critically, understand myself better and explore valuable experiences which may be challenging but ultimately rewarding.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.

Kin Wong  
BEng in Computer Science  
Secondary School Teacher

After joining the REDbird Award Program in my final year, my ways of thinking and working changed. Before that, I could still set goals and achieve my tasks but they were not that “SMART”. Through the program, I learned how to set specific goals with measurable criteria, a detailed action plan and an awareness of the resources needed. I am applying this skill now to help my Form 5 students; or rather, this skill is helping me to be a more effective teacher.

The REDbird Award Program inspired me to think more critically, understand myself better and explore valuable experiences which may be challenging but ultimately rewarding.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.

Wilson Wu  
BBA in Accounting & Finance  
Staff Accountant, Ernst & Young Tax Services Ltd

The most impressive thing about the REDbird Program is the continuous evaluation process. On a cold, windy night during the wildcamp, we stood alone in the dark for 30 minutes, reflecting on the entire learning camp. It was a rare opportunity for us to review and re-recognize ourselves. I have learnt much from it and now, I evaluate every significant activity for my own improvement. The gold award recognized my efforts and achievements in the REDbird Program and encouraged me to “learn endlessly, celebrate diversity, serve the community.” I will continue to apply the motto and embrace the spirit in my current working life.
Career Center

Rethinking Job Search

Career Building Course (GNED151, GNED152, PDEV502)

“It is not just about finding the first job. It’s about shifting the paradigm of how our graduates think about job search, shaping their attitude towards work, and thinking critically about building one’s own lifelong career and employability.”

Ruby Lam, Instructor, Career Center

The Career Building Course is a 1-credit general education free elective course offered since Spring 2009. It is designed to equip students with all the basics of building a career – from exploring career interests to writing winning resumes and cover letters, acing the interviews, getting the first job and preparing for lifelong employability. Students learn through interactive lectures and in-class exercises, such as mock interviews and group discussions, and sharing sessions with professionals from all walks of life.

The course is led by Mrs Ruby Lam, instructor at the Career Center. As a former management consultant, Ruby acquired industry experience in pharmaceuticals, aerospace, airlines, consumer products, internet applications, beverage, utilities, transportation and manufacturing. A Hong Kong native, Ruby received her bachelor's degree in Industrial Engineering from Northwestern University. She acquired a Master of Science in Engineering-Economic Systems and Operations Research from Stanford University, as well as an MBA and a Master of Science in Supply Chain Management from MIT. She worked for many years in the United States as a hiring manager and built many teams in her former roles.

In the course, personalized feedback is given on every assignment and students are encouraged to set up one-on-one meetings with the instructor.

PDEV502 is a new session opened in Spring 2010 to address the growing interests of postgraduates. "Postgraduates have unique needs that are very different from undergraduates," says Ruby. "Many postgraduates are interested to explore a third option, besides academia and research."

Students’ Feedback...

“I never expected a career class to be this lively and fun…”

– UG, SSCI

“The instructor was amazing in teaching us all the necessary job-hunting skills for fresh graduates and giving support outside the classroom. She made the class very interesting and I enjoyed going to class every week.”

– UG, SBM

“I realize that I can dream big, and think small from every detail. I started to develop a much higher career target, and at the same time, started to review my career plan in details from all aspects. This course is essential for every UST student.”

– UG, SGM

“This course has brought me a completely new perspective about the workplace and career preparation.”

– UG, SENG

“Before, I was nervous and unfamiliar about job hunting. Now I am very clear and confident about what I should do to find my dream job.”

– PG, SENG

A Good Summer Experience Starts in Spring ...

It’s time to start planning for a meaningful summer. Applications for various summer internship programs start as early as the first quarter of the year. Below are some highlights of the overseas and mainland internship programs in summer 2010. More updates on government, local and non-local internships are posted on the Career Center website under “Finding a Job -> Internships”. Grasp the opportunity to have a taste of the working world!

Overseas Internships (Summer 2010)

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Organizer</th>
<th>Location</th>
<th>Eligibility</th>
<th>Duration / Period</th>
<th>Fee</th>
<th>Website / Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross-cultural Internship Program</td>
<td>Fusia Communications</td>
<td>US (New York City / New Jersey)</td>
<td>Students from all disciplines - Aged 18 or older</td>
<td>7 weeks - 24 May to 9 Jul 2010 or 12 Jul to 27 Aug 2010</td>
<td>US$2,990 (~HK$22,650)</td>
<td><a href="http://www.explorenternship.com">www.explorenternship.com</a> - Deadline: End of Mar 2010 (apply ASAP)</td>
</tr>
<tr>
<td>Amway Organic Farming Internship Programme</td>
<td>Hong Kong Organic Resource Centre</td>
<td>Los Angeles + Brazil / Mexico (TBC)</td>
<td>US Year 1 or 2 - Major in Biology / Environmental Science / Geography / Social Sciences / Nutritional Science - Good academic record</td>
<td>2 months - Mid Jun to mid Aug 2010</td>
<td>Sponsorship from Amway (student needs to pay for part of the incurred expenses)</td>
<td><a href="http://career.ust.hk">http://career.ust.hk</a> (Finding a Job) / <a href="http://www.hkorc.org">www.hkorc.org</a> - Deadline: 16 Mar 2010 - Briefing &amp; Sharing Session arranged on 2 Feb 2010, 4:30-5:30pm, Room 4001</td>
</tr>
<tr>
<td>Work &amp; Travel USA Program</td>
<td>Intinsic - for students &amp; youth</td>
<td>US</td>
<td>Students from all disciplines - Age between 18 &amp; 30</td>
<td>2.5 months</td>
<td>HK$22,000</td>
<td><a href="http://www.intinsicworld.net/main.html">www.intinsicworld.net/main.html</a> - Video archive available at <a href="http://videochannel.ust.hk">http://videochannel.ust.hk</a> (Career Talk -&gt; Work &amp; Travel USA Program, 2 Oct 2009)</td>
</tr>
<tr>
<td>Conservation Volunteers Australia (CVA) / New Zealand (CVNZ)</td>
<td>Hong Kong Overseas Studies Centre</td>
<td>Australia / New Zealand</td>
<td>Students from all disciplines</td>
<td>At least 2 weeks</td>
<td>Depends on duration - CVA (2 weeks): ~ HK$3,300 (TBC) - CVNZ (2 weeks): ~ HK$4,200 (TBC)</td>
<td><a href="http://www.worktravelcompany.com.hk">www.worktravelcompany.com.hk</a> - Video archive available at <a href="http://videochannel.ust.hk">http://videochannel.ust.hk</a> (Career Talk -&gt; Work &amp; Travel USA Program, 2 Oct 2009)</td>
</tr>
<tr>
<td>Singapore Work Holiday Programme</td>
<td>Contact Singapore</td>
<td>Singapore</td>
<td>Students from all disciplines - Age between 17 &amp; 30</td>
<td>Up to 6 months</td>
<td>At student’s own expenses</td>
<td><a href="http://www.contactsingapore.sg">www.contactsingapore.sg</a> / whpsingapore</td>
</tr>
<tr>
<td>Work Holiday Scheme</td>
<td>Labour Department, the Government of the HKSAR</td>
<td>Australia / Ireland / Japan / Germany / New Zealand / Canada</td>
<td>Students from all disciplines - Age between 18 &amp; 30 - Holder of valid HKSAR / British National (Overseas) passport</td>
<td>Up to 12 months</td>
<td>At student’s own expenses</td>
<td><a href="http://www.vhls.edufire.com">www.vhls.edufire.com</a> - Working Holiday arrangement with Canada effective from 1 Mar 2010</td>
</tr>
</tbody>
</table>

Students’ Feedback...

“I never expected a career class to be this lively and fun…”

– UG, SSCI

“The instructor was amazing in teaching us all the necessary job-hunting skills for fresh graduates and giving support outside the classroom. She made the class very interesting and I enjoyed going to class every week.”

– UG, SBM

“I realize that I can dream big, and think small from every detail. I started to develop a much higher career target, and at the same time, started to review my career plan in details from all aspects. This course is essential for every UST student.”

– UG, SGM

“This course has brought me a completely new perspective about the workplace and career preparation.”

– UG, SENG

“Before, I was nervous and unfamiliar about job hunting. Now I am very clear and confident about what I should do to find my dream job.”

– PG, SENG

C H E E R S.
Fulfilling my dream to be an entrepreneur

Gary Sze
BSc in Physics, 2009
Owner, GreenSpark Green Life Ltd

Ever since I was in primary school, I started thinking about having my own business. Of course it was just a dream then; I had no idea what owning a business entailed. When I got into HKUST, I started joining different activities to get to know people of different backgrounds. I believed meeting and interacting with others would help me figure out the path that I should take.

After joining a Mainland internship in Shanghai organized by the Student Affairs Office, I met my future business partner Terry, a Business School student. We found out that we both had interest in doing business. We grasped the opportunity and found some “couple T-shirts” there that we thought might have a chance of selling well back in Hong Kong. We bought a handful of them and did our first business together with decent results.

At that time, the call for protecting the environment and stopping global warming was very much in the news. We recognized the business opportunity and decided to explore it. After class, we tried selling reusable bags at places like newsstands and received positive feedback. One thing led to another and before we knew it, we found ourselves starting our business, GreenSpark, in a much smaller scale at first. We registered our company in August 2009 and in April 2009, Terry and I officially started working full-time there.

We live in a fast-changing society; the hard skills and knowledge that we acquire in university may not be entirely applicable in our future jobs. What is more important is vision and confidence. For those interested in starting a business, do test the waters while in school, when you can still afford to make mistakes. There is a lot of assistance available in Hong Kong for young business starters. All you need is innovative courage, the courage to take risks, and the determination to overcome obstacles.

Networking – the winning ticket to my career

Lai Chun Sing
BEng in Computer Science (Information Engineering), 2009
Network Engineer, Macroview Hong Kong

Winning three competitions organized by Cisco Hong Kong, a leading networking company, was my breakthrough in finding my present job at Macroview, Cisco’s major partner. If you asked me what the biggest gain from all these competitions was, my answer would be – networking.

I started planning on building my human network in my first year at UST. I started volunteering at Cisco, helping out with different tasks and finding my way to know the industry. Soon after, I started entering the competitions organized by the company. One of the highlights was the large-scale competition in Tencent. There were over 3,000 universities represented, including Yale University. There I met many international students who broadened my knowledge through our sharing. I also met industry professionals who shared insights on the industry and my future career.

I have to admit that I loved entering competitions. It gave me a chance to challenge myself and to find out where I stood. Knowing where you stand in comparison to other students of similar disciplines is important; then you will know if you are marketable and competitive enough. Also, competitions allow you to develop team skills as well as presentation skills. I remembering going into a job interview where the interviewer didn’t even ask to look at my academic results once he saw the list of competitions that I had entered.

Last year, I won the Cisco Alumni Award. Through Cisco’s referral, I was employed by Macroview. But I know that this award was a result of years of relationship building and networking. So do start early and don’t be timid! The next person you meet could play an important role in helping you find your dream job!

Mainland Internships (Summer 2010)

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Organizer</th>
<th>Location</th>
<th>Eligibility</th>
<th>Duration / Period</th>
<th>Fee*</th>
<th>Website / Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beijing Summer Internship 北京暑期實習團</td>
<td>Career Center, HKUST</td>
<td>Beijing</td>
<td>Students from all disciplines</td>
<td>5 weeks</td>
<td>Around HK$8,000 (TBC)</td>
<td><a href="http://career.ust.hk">http://career.ust.hk</a> (Finding a Job) (Details to be announced in Mar 2010)</td>
</tr>
<tr>
<td>Museum Internship 博物館實習團</td>
<td>Ministry of Culture 中華人民共和國文化部</td>
<td>Beijing</td>
<td>Students from all disciplines with interest in Chinese culture / history</td>
<td>4-6 weeks</td>
<td>Around HK$8,000 (TBC)</td>
<td><a href="http://career.ust.hk">http://career.ust.hk</a> (Finding a Job) (Details to be announced in Feb/Mar 2010)</td>
</tr>
<tr>
<td>*New Youth, New World 2010 Summer Internship Programme 畢業生 escorted by HKUST *適用於高級實習</td>
<td>HKUST Student Exchange Network 香港學生交流網絡</td>
<td>Beijing / Shanghai / Dalian</td>
<td>Students from all disciplines</td>
<td>Around 6 weeks</td>
<td>HK$4,880</td>
<td><a href="http://www.shuoyasen.org.hk">http://www.shuoyasen.org.hk</a> (Deadline: 5 Feb 2010)</td>
</tr>
<tr>
<td>Shui On Land (Shanghai) Summer Internship Programme 翠雍辦公室實習團</td>
<td>Shui On Land (Shanghai)</td>
<td>Shanghai</td>
<td>Year 2 or above</td>
<td>At least 6 weeks</td>
<td>At student's own expenses</td>
<td><a href="http://career.ust.hk">http://career.ust.hk</a> (Finding a Job) (Details to be announced in Mar 2010)</td>
</tr>
<tr>
<td>Summer Internship Programme 境內工作實習體驗計劃</td>
<td>HK Human Resources Exchange Centre 香港人才交流中心</td>
<td>Beijing / Chongqing / Nanjing (TBC)</td>
<td>TBC</td>
<td>TBC</td>
<td><a href="http://www.hreexchange.com.hk">http://www.hreexchange.com.hk</a> (Details to be announced)</td>
<td></td>
</tr>
<tr>
<td>*The fees stated above are only the program fees collected by the organizers of corresponding internship programs. Applicants need to take note of what is included / not included in the program fee and be aware of other necessary expenses (e.g. air-tickets, accommodation, local transportation and meals, etc.) during the internship.</td>
<td>South China Normal University 南華師範大學</td>
<td>Guangzhou</td>
<td>Students from all disciplines</td>
<td>1 month</td>
<td>HK$14,800</td>
<td><a href="http://www.aclec.com.hk">http://www.aclec.com.hk</a></td>
</tr>
</tbody>
</table>

http://sao.ust.hk
Coming Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Highlights</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer Counselor Program</td>
<td>Jan 18 – Feb 10</td>
<td>A program to build and sustain a caring network of staff and students</td>
<td>Student Life Center Chris Leung <a href="mailto:sawsiowong@ust.hk">sawsiowong@ust.hk</a></td>
</tr>
<tr>
<td>Recruitment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Training Program – Happy Living 2010</td>
<td>Starting from Feb 18</td>
<td>Peers receive training by professional counselors.</td>
<td></td>
</tr>
<tr>
<td>Graduation Ceremony and Welcome Activities</td>
<td>Mar 5</td>
<td>They will organize outreach activities to promote mental health on campus.</td>
<td>Student Counsellor Vava Voke <a href="mailto:savav@ust.hk">savav@ust.hk</a></td>
</tr>
<tr>
<td>Mental Health First Aid Training</td>
<td>Mar 5 &amp; 12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HKUST Annual Athletics Meet</td>
<td>Feb 6</td>
<td>Inter-departmental track and field competitions</td>
<td>Track and Field Club <a href="mailto:su_track@stu.ust.hk">su_track@stu.ust.hk</a></td>
</tr>
<tr>
<td>Student Enrichment Activities Fund (2nd round of application)</td>
<td>Feb 8 – Apr 8</td>
<td>Open to application for full-time students, the Fund offers subsidies to support voluntary student projects.</td>
<td>Student Life Center Raymond Tang <a href="mailto:sayy@ust.hk">sayy@ust.hk</a></td>
</tr>
<tr>
<td>Intersport Marine Competitions (Final round matches)</td>
<td>Feb – Apr</td>
<td>Inter-departmental badminton and football competitions.</td>
<td>Badminton Club <a href="mailto:su_badminton@ust.hk">su_badminton@ust.hk</a> Football Club <a href="mailto:su_fball@stu.ust.hk">su_fball@stu.ust.hk</a></td>
</tr>
<tr>
<td>Arts and Creativity I Course (GNE151)</td>
<td>Feb – May</td>
<td>A free elective course that explores different creative media.</td>
<td>Center for the Arts Center <a href="mailto:ruby.lam@ust.hk">ruby.lam@ust.hk</a></td>
</tr>
<tr>
<td>Career Building Course (GNE152, and GNE161)</td>
<td>Feb – May</td>
<td>A free elective that aims at empowering students in making rewarding career choices.</td>
<td>Career Center Ruby Lam <a href="mailto:ruby.lam@ust.hk">ruby.lam@ust.hk</a></td>
</tr>
<tr>
<td>Learning Day</td>
<td>Feb 18</td>
<td>A series of programs that helps students prepare for their career, with a new focus on running one's own business, research &amp; the academia, NGOs and further studies.</td>
<td>Career Center Corina Lee <a href="mailto:corina.leo@ust.hk">corina.leo@ust.hk</a></td>
</tr>
<tr>
<td>Career Development Programs</td>
<td>Mar 1-4</td>
<td>A series of job fairs covering various industries with company booths, exhibitions, career interviews, recruitment talks and career seminars.</td>
<td>Career Center Eva Yeung <a href="mailto:eva.yeung@ust.hk">eva.yeung@ust.hk</a></td>
</tr>
<tr>
<td>Roy To Community Service Award Nominations</td>
<td>Mar 1 – Apr 12</td>
<td>Nominations are invited for the award that recognizes students for their exceptional contributions to community service.</td>
<td>Student Life Center Kimberly Chan <a href="mailto:sakimmy@ust.hk">sakimmy@ust.hk</a></td>
</tr>
<tr>
<td>HKUST Arts Festival</td>
<td>Mar 15 – 28</td>
<td>Exhibitions, performances and workshops in the theme of “Street Arts”.</td>
<td>Center for the Arts Rita Vau <a href="mailto:sayy@ust.hk">sayy@ust.hk</a></td>
</tr>
<tr>
<td>Healthy Living Festival</td>
<td>Mar 29 – Apr 23</td>
<td>To promote mental health through experience sharing, exhibition and book fair on positive psychology resources, and workshops on adversity.</td>
<td>Student Life Center Chris Leung <a href="mailto:sawsiowong@ust.hk">sawsiowong@ust.hk</a></td>
</tr>
<tr>
<td>UM-UST Cup Sports Competitions</td>
<td>Mar</td>
<td>A series of competitions held annually between HKUST and the University of Macau. This year, the event will be held on the HKUST campus.</td>
<td>Sports Association <a href="mailto:su_sport@stu.ust.hk">su_sport@stu.ust.hk</a></td>
</tr>
<tr>
<td>Inter-Hall Eco Olympics</td>
<td>Mar – Apr</td>
<td>Inter-hall competition on energy and water saving, recycling, etc.</td>
<td>Institute for the Environment Calvin Kwan <a href="mailto:ckkwang@ust.hk">ckkwang@ust.hk</a></td>
</tr>
<tr>
<td>Environment Week 2010</td>
<td>Apr 19 – 22</td>
<td>A series of events including green fashion show, exhibitions, seminars and workshops to raise the green awareness of the UST community.</td>
<td>Institute for the Environment Calvin Kwan <a href="mailto:ckkwang@ust.hk">ckkwang@ust.hk</a></td>
</tr>
<tr>
<td>UST Service Learning Day</td>
<td>Apr 22 – 25</td>
<td>Coinciding with Global Youth Service Day, students, faculty and staff will fan out into the local community to engage in various community service opportunities.</td>
<td>HKUST Connect Daisy Kwan <a href="mailto:daisy.kwan@ust.hk">daisy.kwan@ust.hk</a></td>
</tr>
<tr>
<td>REDbird Award Program – Dinner with Mentors</td>
<td>May 6</td>
<td>REDbird Club Members and Coaches will be meeting and sharing their learning experience with Mentors over a formal dinner.</td>
<td>REDbird Award Program <a href="mailto:redbird@ust.hk">redbird@ust.hk</a></td>
</tr>
</tbody>
</table>

For details, http://sao.ust.hk

Film Your Life – HKUST Campus Oscar

With the surging popularity of websites like YouTube, video-taking is no longer the exclusive hobby of individuals who can afford expensive equipments. These days, everyone can be a filmmaker – including you.

Inspired by the Academy Awards (Oscar) of the U.S. and driven by the mission to promote arts and culture in this technology-oriented university, a group of 5 students from the REDbird Award Program decided to launch the first-ever short film competition at HKUST; and they named it – “Campus Oscar”.

“There are many moments in life that are worth recording and treasuring,” said Michelle Qin (Year 1, GBUS), Coordinator of the Campus Oscar Communication Team. “By exploring the art of filmmaking, we want to encourage everyone in the HKUST community, including faculty, staff and students, to unfold their creative minds and express their appreciation of life through producing their own short films.”

The Campus Oscar Organizing Committee was set up in June 2009 and has since recruited more than 40 student helpers. With the support of the Student Enrichment Activities Fund granted by University, they successfully launched 3 weeks of promotion last semester and organized 7 workshops, covering topics that include script writing, directing, acting, film shooting and editing. Celebrity guest speakers such as renowned director Mr. Ko Chi-sum (_ast, 1938) and veteran actor Mr Stephen Au Kam-tong (栢天養) helped attract a large audience and the workshops were well-received. Many participants gained a better understanding of the film industry and the skills needed for film production.

In Spring 2010, Campus Oscar will invite the entire HKUST community to vote online for their favorite video. Industry professionals will also be invited to select the recipients of 6 awards that include Best Film, Best Director and Best Actor/Actress. The HKUST Campus Oscar Award Ceremony will be held in the Exposition Hall on the evening of 26 March 2010.

For further information about HKUST Campus Oscar, please visit the official website at http://campus-oscar.ust.hk

Michelle Qin (2nd from left) presenting a souvenir to the students having a fun time at the workshops organized by Campus Oscar.